

# **PSHE AND RSE AT HAZLEMERE C OF E.**



# WHAT WE HAVE TO TEACH!

- FROM THE ACADEMIC YEAR 2020-2021, ALL PRIMARY SCHOOLS IN ENGLAND MUST TEACH RELATIONSHIPS AND HEALTH EDUCATION (RSHE). THE GOVERNMENT HAS SET OUT GUIDANCE ABOUT WHAT THEY EXPECT CHILDREN TO KNOW BY THE TIME THEY LEAVE PRIMARY EDUCATION BUT IT IS UP TO SCHOOLS TO DECIDE HOW THEY WILL TEACH THIS. SCHOOLS WILL DISCUSS THEIR APPROACH WITH PARENTS AND CARERS.
- THERE IS NO LEGAL REQUIREMENT FOR SCHOOLS TO TEACH SEX EDUCATION BUT THE GOVERNMENT RECOMMENDS CHILDREN LEARN ABOUT SOME KEY AREAS BEFORE THEY LEAVE PRIMARY SCHOOL.

- **AS WITH OTHER SUBJECTS, WE WORK HARD TO MAKE SURE THE LESSONS MEET THE NEEDS OF THE CHILDREN AND ARE AGE APPROPRIATE. THESE TOPICS ARE REALLY IMPORTANT IN HELPING CHILDREN DEAL WITH CURRENT EXPERIENCES AND ALSO TO PREPARE THEM FOR THE NEXT STAGE OF THEIR EDUCATION AND ULTIMATELY FOR ADULT LIFE.**
- **WE RECOGNISE THE IMPORTANT ROLE YOU PLAY IN EDUCATING YOUR CHILDREN AND THIS IS ESPECIALLY TRUE FOR RSHE. IT IS IMPORTANT THAT CHILDREN CAN DISCUSS AND ASK QUESTIONS BOTH AT HOME AND AT SCHOOL.**

# HOW PSHE/RSE IS TAUGHT.

- WE HAVE CHOSEN TO USE LESSON PLANS FROM KAPOW PRIMARY, AN ONLINE PROVIDER OF RESOURCES FOR PRIMARY SCHOOLS. THESE LESSONS COVER THE STATUTORY REQUIREMENTS AND HAVE BEEN CAREFULLY PLANNED TO BE AGE APPROPRIATE. THEY ALSO GIVE THE OPPORTUNITY FOR CHILDREN TO REVISIT TOPICS IN DIFFERENT YEAR GROUPS. THIS IS IMPORTANT AS THEY WILL LEARN MORE AND SEE THINGS DIFFERENTLY AS THEY MATURE.
- THE LESSONS ARE DIVIDED UP INTO THREE OVERARCHING THEMES:
  - FAMILIES AND RELATIONSHIPS
  - HEALTH AND WELLBEING
  - SAFETY AND THE CHANGING BODY

## FAMILIES AND RELATIONSHIPS

- HOW TO FORM AND MAINTAIN FRIENDSHIPS
- IMPORTANCE OF FAMILY
- DIFFERENT TYPES OF FAMILIES
- DEALING WITH PROBLEMS IN FRIENDSHIPS
- ONLINE RELATIONSHIPS, INCLUDING STAYING SAFE
- STEREOTYPING

## HEALTH AND WELLBEING

- MENTAL HEALTH AND WELLBEING
- HEALTHY EATING
- PHYSICAL ACTIVITY
- DENTAL HEALTH
- IMPORTANCE OF SLEEP
- MEDICINES
- TOBACCO
- ALCOHOL
- FIRST AID

## SAFETY AND THE CHANGING BODY

- ONLINE SAFETY
- SAFETY AROUND ADULTS
- UNDERSTANDING THEIR BODY
- PHYSICAL CHANGES DURING PUBERTY
- EMOTIONAL CHANGES DURING PUBERTY
- ASKING FOR HELP WHEN NEEDED

# **WILL MY CHILD HAVE TO TAKE PART?**

- **ALL THE CONTENT OUTLINED ABOVE IS STATUTORY AND THEREFORE ALL CHILDREN SHOULD BE TAUGHT IT. AS WITH ANY OTHER SUBJECT TEACHERS WILL ENSURE THAT THE LESSON IS TAUGHT IN A WAY WHICH MEANS CHILDREN OF ALL ABILITIES WILL LEARN. THE GOVERNMENT IS VERY CLEAR THAT THEY WANT CHILDREN WITH SPECIAL EDUCATIONAL NEEDS (SEN) TO BE INCLUDED IN THESE LESSONS.**
- **AS A PARENT YOU DO NOT HAVE THE RIGHT TO WITHDRAW YOUR CHILD FROM ANY OF THE STATUTORY CONTENT ON EITHER RELATIONSHIPS OR HEALTH. YOU ONLY HAVE THE RIGHT TO WITHDRAW YOUR CHILD FROM THE SEX EDUCATION CONTENT THAT WE CHOOSE TO TEACH, APART FROM NATIONAL CURRICULUM SCIENCE.**

# SEX EDUCATION IN YEAR 6

- THERE IS ONE AND A HALF LESSONS TAUGHT IN YEAR 6 THAT COVER:
- THE BIOLOGY OF CONCEPTION AND TO UNDERSTAND THE DEVELOPMENT OF THE BABY DURING PREGNANCY. SHOULD YOU WISH TO VIEW THE CONTENT AND VIDEOS SHOWN IN THESE LESSONS OR DISCUSS WITHDRAWING YOUR CHILD PLEASE ARRANGE A MEETING WITH MRS. BROCKLEHURST BY THE 10<sup>TH</sup> FEBRUARY.